



Methods for Memorizing the Quran for Higher Education

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Abstract

Memorizing the Quran is an activity that is considered sacred and important in religious practice for Muslims. For adults, memorizing the Quran is often a challenge of its own due to time constraints and various other responsibilities. As a student whose average age is twenty years and over, there are difficulties in memorizing, this study aims to analyze whether these five methods are effective for students to use in memorizing verses of the Quran. This research uses the method qualitative with a case study approach. Data sources were taken from five informants through in-depth interviews, all informants are active students at Padang State University, Imam Bonjol State Islamic University, Andalas University. Analysis results show that there are five methods of memorizing the Quran that students can use to memorize verses of the Quran. The five methods are: Wahdah, Kitabah, Sima'i, Jama' and Talaqqi. Research result This can be used as a guide for students who want to start memorizing the Quran.

INTRODUCTION

The study of the Quran began when the Prophet received a revelation through the Jibril, the Prophet memorized it and then read it to his companions, the Prophet struggled to teach the Quran, both when he was in Mecca and Medina (Peerzada & Jamali, 2018; Fatmawati, 2022; Zulkarnaini, 2022). Quran at the time of the Messenger of Allah had been spread and memorized by several tribes from outside the city of Mecca, Zaid bin Thabit who was twelve years old had already memorized seventeen surahs in Quran (Mundiri & Zahra, 2017; Hasanah, 2021). This shows that during the time of the Messenger of Allah, the learning of the Quran was not dominated by written media only, but also orally (Padli, 2020).

Memorizing the Quran is also a means of sharpening the brain, and sharpening memory, as well as the antithesis to the boredom of memorizing the Quran (bin-Nazar) (Nawaz & Jahangir, 2015; Mutathahirin et al., 2022). People who memorize the Quran will not get bored of reading the Quran, or reciting it until their throats are dry and their voices are hoarse (Fachrudin, 2017; Hasanah, 2021). This is a deed that has a great reward in the sight of Allah because they are the ones who truly deserve the intercession of the Quran on the Day of Judgment because when in the world they have read the Quran a lot with all seriousness (Ashidiqi et al., 2019; Zamzami, 2021).

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Until now, many people have memorized the Quran, ranging from children, and teenagers to adults. To memorize the Quran well, of course, you need a method to maintain the memorization you have worked hard for. A memorizer of the Quran must always repeat his memorization (*muroja'ah*) every day, and be able to manage the time to always make time to repeat the memorization (Saptadi, 2012; Mubarakah & Munastiwi, 2020). A memorizer of the Quran has different methods for memorizing and retaining his memorization (Athiyah & Islam, 2019; Khafidah et al., 2020).

In Indonesia, many non-formal institutions are committed to helping produce a generation of quality memorizers of the Quran. These various types of institutions offer different approaches and methods in the process of memorizing the Quran. Starting from traditional Islamic boarding schools to modern educational institutions, each institution has its unique approach to guiding adult memorizers of the Quran. These methods cover various aspects, from the use of modern technology to traditional approaches that have been proven for a long time. This diversity reflects efforts to provide choices that suit individual needs and preferences and shows the importance of in-depth research into various methods that can be used to facilitate the process of memorizing the Quran for adults in Indonesia.

METHODS

This study uses a qualitative method with a case study approach. This method is appropriate when researchers want to see or explore the results of a program or activity that has been implemented (Febriani et al., 2022; Kim, 2023; Sturiale et al., 2023). Research designs like this can help researchers understand problems in a deep and complex manner. Sources of research data were taken from five informants. All informants are active students at Universitas Negeri Padang, Universitas Islam Negeri Imam Bonjol Padang, Universitas Andalas. States that the selection of informants must have at least four criteria, namely: still active in the field being studied, competent or understands well the problem being researched, has time to provide information to researchers, honest in providing information in accordance with the facts that happened in the field (Qomari et al., 2022; Jaafar et al., 2023). The research instrument was an interview protocol that had been designed previously. After the interviews were taken with all informants, a transcription process was carried out, then the authors took themes that were in accordance with research needs (Damri et al., 2023).

RESULT AND DISCUSSION

Based on the results of interviews with all informants, it is clear that there are five themes related to methods for memorizing the quran for adults. The five themes can be seen in Figure 1, below:

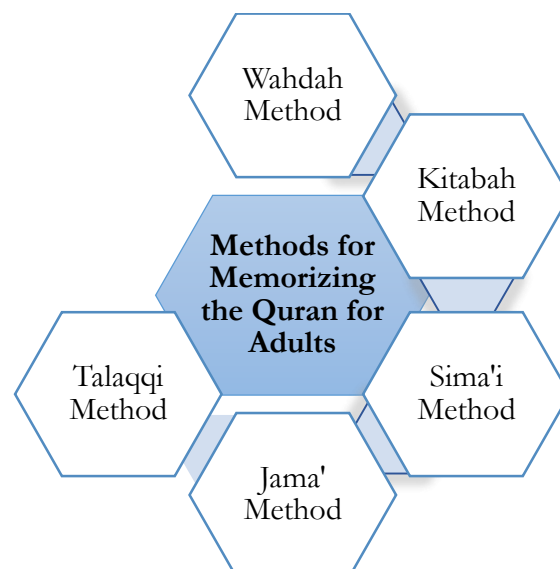


Fig 1. Methods for Memorizing the Quran for Adults

First namely wahdah method. According to informants among methods for memorizing the Quran for adults. This theme was stated by nine informants as excerpts from the interview below:

... When I was at the boarding school, I was used to using the wahdah method in memorizing because by using this method I felt that I memorized a little because I memorized verse by verse (I-1).

Wahdah method, namely memorizing one by one the verses that one wants to memorize, to achieve initial memorization, each verse can be read ten times or more so that this process can form a pattern in the image, thus the memorizer will be able to condition the verses that he memorized, not only in his imagination, until it forms a reflex movement in his eyes (Mubarakah, 2019; Khafidah et al., 2020; Anwar et al., 2022). Once you have completely memorized it, then continue with the next verses in the same way.

Second namely kitabah method. According to informants among methods for memorizing the Quran for adults. This theme was stated by nine informants as excerpts from the interview below:

...I prefer to memorize sentences by writing them first on a piece of paper and then memorizing them, this way when I write I will remember the sentences I will memorize (I-3).

Kitabah method of memorizing the Quran by first writing down the verse you want to memorize (Jailani et al., 2021; Mubarakah, 2019). Before memorizing in this method, the memorizer first writes the verse that he wants to memorize on a piece of paper. By repeatedly writing the verse that he wants to memorize, it will of course affect his memory in memorizing the verse (Ebe & Chapman-Santiago, 2016). This method is very good because it can activate audio and visual functions (Demina et al., 2022).

Third namely sima'i method. This method will listen to Quranic recitations repeatedly, sometimes utilizing audio recordings, and then actively repeat the recitations to reinforce their memory. This theme was stated by nine informants as excerpts from the interview below:

...In memorizing verses from the Quran, it is easier for me to use the method of listening to the verse that I want to memorize, then I listen to it repeatedly until I can memorize it and remember it by myself (I-2).

Sima'i method, namely a method of memorizing the Quran by listening to the verses to be memorized. This method is very effective for memorizers who are blind, or children who cannot yet read and write the Quran, as well as for memorizers who have strong memories. The sima'i method can be done in two ways: Listening to verses from the Quran from the supervisor, the supervisor first reads the verse, then the students follow until they memorize it and move on to the next verse; First record the verse you want to memorize, then listen to it repeatedly while paying attention to the sound of the verse many times until you finally memorize it, then move on to the next verse after memorizing it (Nurzanah et al., 2022; Priyono et al., 2019). This method is very effective for blind memorizers, children who cannot yet read and write the Quran, or for memorizers of the Quran who want to recite (repeat) the verses they have memorized.

Four namely jama' method. According to informants among methods for memorizing the Quran for adults. This theme was stated by nine informants as excerpts from the interview below:

...It's easier for me to memorize the Quran if I do it together. Previously, when I was at the cottage, I tried other methods, but I memorized it more easily if I memorized it together (I-3).

The Jama' method is a method of memorizing the Quran which is carried out together (collectively) and led by an instructor (Iswan et al., 2022; Rozi et al., 2022). The instructor reads one verse or several verses and the students imitate them over and over again until they memorize them. After being able to read the verse properly and correctly, then they slowly try without looking at the mushaf and so on.

Five namely talaqqi method. According to informants among methods for memorizing the Quran for adults. This theme was stated by nine informants as excerpts from

the interview below:

...When I memorize the Quran, I have to be guided by my teacher because that way I feel enthusiastic and then directly deposit the verses that I have successfully memorized (I-5).

The Talaqqi method is a method that is performed by reciting or depositing the memorization that has just been memorized by a student or student to an educator or instructor who is teaching (Kartika, 2019; Mashud, 2019; Latifah et al., 2021). While according to Hasan bin Ahmad bin Hasan Hamam, talaqqi is a student who is studying the Quran directly to someone or educators who are experts in reading the Quran.

CONCLUSION

Choosing the right method is very important for adult memorizers of the Quran. This research shows that various methods can be used, and the effectiveness of these methods can contribute significantly to achieving memorization targets. By understanding and applying these methods well, adults who want to memorize the Quran can improve their memorization abilities more efficiently. In addition, this research provides a platform for future researchers to further explore these methods in different contexts and issues, to expand understanding and practical application in memorizing the Quran for adults.

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